

**Comprehensive Diabetes Self-Management Education and Support Assessment**

To implement a person-centered DSMES plan, the diabetes care and education specialist must closely work in partnership with each person with diabetes to better understand how (eg, modality, content, and frequency) to best suit that person. The assessment process involves collaborative communication between a health care professional and the person with diabetes to identify needs and agree on the individual's preferred educational, coping, and behavioral interventions that will be used to develop a plan for problem-solving, decision-making, and self-management skills and strategies.

*For more details on the assessment process, please review the Standard 5 of the National Standards for DSMES, DEAP Chart Review Form and Interpretive Guidance at [diabeteseducator.org/deap](http://diabeteseducator.org/deap)*

**Source:** Select all that apply

- person with diabetes
- support person and/or family member
- caregiver
- electronic health record
- notes from patient's health care team
- Other: \_\_\_\_\_

**Format:** Select all that apply

- Verbally: Discussed with patient during a telehealth or in-person encounter
- Questionnaire completed by the patient either electronically or on paper
- Electronic Medical Record recent history
- Encounter notes from referring provider
- Other: \_\_\_\_\_

**Timing of DSMES assessment:** Select all that apply

- Annually
- At every visit
- Other: \_\_\_\_\_

**Where is it documented in their medical record?**