



2025

# Advancing the Vision Award

**Kacy Aderhold**

DNP, APRN-CNS, BC-ADM, CDCES

ADCES is proud to announce **Kacy Aderhold**, who truly brings the future of diabetes care into the present, as the recipient of the **2025 Advancing the Vision Award**.

Kacy is a doctoral-prepared advanced practice nurse and clinical nurse specialist who wears many hats—and wears them all with excellence. She splits her time between providing direct patient care in adult endocrinology at the Harold Hamm Diabetes Center in Oklahoma City and teaching both graduate and undergraduate students at the University of Oklahoma Fran and Earl Ziegler College of Nursing.

Whether she's caring for patients, mentoring students, or working to improve community health, Kacy brings deep passion and forward-thinking vision to everything she does. Her work focuses on reducing patient burden through technology and pharmacotherapy, and she's especially passionate about patient education that empowers.

Her scholarship spans presentations, team science, and real-world impact—everything from serving as the study clinician to examine semaglutide's effects on smoking cessation to collaborating with

colleagues to research how parenting practices shape nutrition habits in children from low-income families. She's also deeply committed to interprofessional education, helping prepare the next generation of healthcare providers to work collaboratively and effectively.

But what truly inspired the Awards Committee was Kacy's innovative work to remove barriers and increase access to DSMES for uninsured and low-income Hispanic individuals. She built a team of Spanish-speaking students to train alongside advanced practice faculty and offer free DSMES classes in Spanish—creating not only access but trust and empowerment in a community that often faces gaps in care.

Kacy also serves ADCES at both the state and national level, including as Chair of the Office and Clinic Based Community of Interest. She's advancing the vision of our field every day—with intelligence, compassion, and unstoppable drive.