



ADCES Inclusion Spotlight



**Shaun Hui, MPH, RD, CDCES
Inclusion Council Member (2nd Year)**

What interested you about the Inclusion Council?

I firmly believe that all people should have the potential to achieve full health, regardless of their age, race, religion, gender, sexual orientation, national origin, body size, or disability. As a Registered Dietitian and Certified Diabetes Care and Education Specialist, I want to show that there is not one phenotype in this profession. Although leadership cabinets are often one type of demographic, I think that the Inclusion Council can advocate for groups of people who may be left behind. It starts with representation and coming together to determine a shared goal to work towards. I've been part of the Inclusion Council over the past year and it is truly rewarding to connect with my colleagues who share similar values.

Why is inclusion meaningful in your own practice when serving patients?

We serve patients from all walks of life. I can't say that I know everything about all cultures, all religions, or all other backgrounds, but I can practice cultural humility. I can honor and learn another's beliefs and values that are important to them. This helps me create collaborative plans with my patients so that they can actually follow through with them.

Why should inclusion be important to others in the specialty? Do you have any anecdotes to share that may be helpful to those working to be more inclusive in their work?

I think health care professionals in this specialty should champion inclusion and diversity because patients do their best when they are not judged by us. It can take just one comment, facial expression, or dismissive body language to break the trust with a patient. Ideally, all patients would have access to a health care professional who shares aspects of their identity or lived experience, but that will not always be the case. There are small changes we can make to be an ally to inclusion and diversity. It can be sharing your pronouns when introducing yourself, not automatically assuming a patient wants to discuss their weight, or acknowledging your own implicit bias.