

**Worksheet 9:
Sample Protocol – Who Needs Professional CGM**

Consider Ordering CGM in the Following Situations:

- HbA1C greater than 9.0 %
- Discordant HbA1C and fingerstick glucose data
- Change in diabetes treatment plan
- Patient has renal impairment
- Patient with frequent hypoglycemia or hypoglycemia unawareness
- Patient with gastroparesis
- Patient does not follow recommendations for checking fingerstick glucose levels
- Annually on patient that is being treated with intensive insulin management plan
- When data are needed to determine Time in Range (TIR)

HbA1C data are collected prior to placement of Professional CGM and again 3 months later

Sample Documentation

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Documentation

Summary of Professional CGM Findings

1. Average glucose is 148mg/dL +/-48 BG range: 68-313
2. Total frequency of hypoglycemia: overall 0% BG<70, lowest BG of 68 occurred one time at 7pm
3. Nocturnal hypoglycemia was NOT noted
4. Hyperglycemia episodes: 22% BG>180, post-prandial, often d/t missing prandial insulin, injecting prandial insulin late, or eating high CHO with limited protein.
5. The patient was afraid to inject lispro if BG was in range before meal

Lifestyle and Personalized Self-Management Education

+++INCLUDE AGP or CGM summary with documentation