WORKSHEET 12:
Basic and Advanced Personal CGM Training Needs

Basic Training Needs:
• Sensor site selection, rotation and sensor insertion
• Attachment of the transmitter to the sensor, if applicable
• Taping/securing of the sensor/transmitter, if applicable
• Connection of the transmitter to the receiver, if applicable
• Difference between interstitial glucose readings and blood glucose readings
• Understanding CGM data and trends
• Possible interference of products such as acetaminophen, salicylic acid, hydroxyurea, and high dose vitamin C
• Calibration including timing, frequency and importance of accurate meter/fingerstick technique, if applicable
• Education to prevent overcorrection of high glucose
• Treatment of hypoglycemia

Advanced Training Needs:
• Setting and managing alerts/alarms
• How to use trend arrows to adjust treatment decisions
• Problem solving for site adhesiveness and skin reactions
• Support with coping and problem solving
• Sharing of data

“The best interest of the patient is the only interest to be considered.”

—Dr. Will Mayo