WORKSHEET 9:
Characteristics of People Most Likely to Benefit from Personal CGM

Consider personal CGM use in the following people with diabetes:

**Type 1 or type 2 diabetes diagnosis who are:**
- Taking multiple daily injections of insulin
- Using an insulin pump or smart pen
- Experiencing frequent hypoglycemia
- Experiencing hypoglycemia unawareness
- Experiencing a high degree of glycemic variability
- Not achieving glucose targets

“Believe you can and you’re halfway there.”

—Theodore Roosevelt
PWD meets criteria for personal CGM and would like to wear one. Is person interested in an insulin pump/smart pen or do they already have an insulin pump/smart pen?

- **YES**
  - Guide PWD to choose CGM that will be compatible with the insulin pump/smart pen they desire.
- **NO**
  - What features are considered ‘must haves’ in personal CGM?
    - **APPROVED FOR INSULIN DOSING**
      - FreeStyle Libre 2, FreeStyle Libre 14 day, Dexcom G6, Senseonics Eversense
    - **LONGER SENSOR WEAR TIME**
      - FreeStyle Libre 2, FreeStyle Libre 14 day
    - **ALARM AVAILABLE EVERY MINUTE**
      - FreeStyle Libre 2
    - **OPTIONAL ALARM**
      - FreeStyle Libre 2
    - **IMPLANTABLE, LONGEST SENSOR WEAR TIME**
      - Senseonics Eversense
    - **SHARED DATA IN REAL TIME REMOTELY**
      - Dexcom G6, Medtronic Guardian Sensor 3, FreeStyle Libre 14 Day, Senseonics Eversense
    - **PREDICTIVE LOW GLUCOSE ALERTS**
      - Dexcom G6, Senseonics Eversense or Medtronic Guardian Sensor 3
    - **NO CALIBRATION**
      - FreeStyle Libre 2, FreeStyle Libre 14 day or Dexcom G6

*The healthcare professional should always make a decision based on person-centered care including insurance coverage and the preferences of the person with diabetes.*