

Association of Diabetes Care & Education Specialists

The Association of Diabetes Care & Education Specialists (ADCES) is an interdisciplinary professional membership organization dedicated to improving prediabetes, diabetes, and cardiometabolic care. With more than 11,000 members, ADCES works nationally to prevent or delay type 2 diabetes, and advance care for people with diabetes, through innovative technology, technical assistance, and training.

Key Principles



Provide Person-Centered, Inclusive Care

Individuals with diabetes, prediabetes, and other cardiometabolic conditions are the center of our work



Collaborate Across the Diabetes Care Team

We take a team-based approach, working with healthcare providers, certified diabetes care and education specialists, and community health workers



Embrace Technology

Using real-time data, we equip Lifestyle Coaches to provide timely, quality care to people with prediabetes to prevent or delay type 2 diabetes

Lifestyle Coach Training Details



Delivery Mode

Online training (In-Person available upon request)



Length

2 days/In-person
2 weeks/Online bootcamp
5 weeks/Online



Cost

\$499/ADCES member
\$659/Non-ADCES member



Languages/ Populations of Focus

Offered in English (Spanish available upon request)

Master Training Details



Delivery Mode

In-person training only



Length

2 days/In-person



Cost

\$1200/ADCES member
\$1400/Non-ADCES member



Languages/ Populations of Focus

Offered in English and Spanish/
ADCES Capacity-building Master
Trainers work within under-
resourced communities

Training Components

- Training utilizes the **PreventT2 curriculum**. Public and private trainings are available.
- **12 CE/CME credits** for nurses, dietitians, pharmacists, pharmacy technicians, physicians, PAs, and social workers.
- **Prevention 101: Fundamentals of Diabetes and Prediabetes**, a self-paced online course, offers additional education.
- **Advanced Lifestyle Coach training** around motivational interviewing, engagement, and retention, cultural humility and competency, and other key group facilitation skills

Program Features

Advanced Skills Training
Explore the 2nd page for more details on our Advanced Skills Training for Coaches

Wrap around technical support, advanced on-demand training, and technology to activate programs within underserved areas and with populations of focus

Strong and successful integration at the local level with diabetes self-management education and support (DSMES) services

Nearly 2,000 lifestyle coaches trained

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Advanced Skills Training



Delivery Format



Length



Cost Range



Languages/ Populations of Focus

Live webinars

1 – 1.5 hours

\$0/ADCES member
\$75/Non-ADCES member

Offered in English

Recorded webinars

0.75 – 1.5 hours

\$29.95/ADCES member
\$44.95/Non-ADCES member

Offered in English

Learning collaboratives

2 hours

\$100/ADCES member
\$125/Non-ADCES member

Offered in English

Online workshops

6 hours

\$139/ADCES member
\$199/Non-ADCES member

Offered in English

Customized Trainings Available: Yes

1-800-338-3633 | ADCES Education Team education@adces.org

Training Topics Available

- Engagement and retention
- Cultural humility and competency
- Motivational interviewing
- Social determinants of health
- Food security and approaches to healthy eating
- Group facilitation skills
- Building successful and sustainable programs

Other Offerings

ADCES7 Self-Care Behaviors® Certificate Program

Learn the ADCES7 Self-Care Behaviors Framework™ to develop the essential knowledge and skills to deliver a self-empowered model of care for people with prediabetes, diabetes, and other cardiometabolic conditions. This course provides an evidence-based framework for providing person-centered care, including case studies that allow learnings to put concepts into action.
(ADCES member \$99/non-ADCES member \$149)

Person-Centered Care for Individuals who Have Higher Weight

In the lifestyle change program, lifestyle coaches and referring providers interact with people with prediabetes with overweight or obesity. This certificate program educates coaches, providers, and the interprofessional care team on best practices to provide non-stigmatizing care for higher weight individuals.
(ADCES member \$99/non-ADCES member \$149)

Diabetes Community Care Coordinator Certificate Program

Grounded in the competencies for the Diabetes Community Care Coordinator, this certificate program is designed for complementary healthcare workers who support individuals with or at risk for diabetes. Gain practical skills aligned with the ADCES7 Self-Care Behaviors to support individuals and populations across the lifespan.
(ADCES member \$185/non-ADCES member \$250)